



Young
People
powered
development

Trustee's message



**Rukayah Sarumi
(26) is a Trustee of
Progressio.**

It's a pleasure to share this year's Annual Review with you.

In 1940, young people in the UK started a "campaign of prayer, study and action to unite the citizens of this country in support of future peace". That wartime campaign became today's Progressio.

For Progressio's young founders, peace was the biggest challenge of their time. Now young people are uniting again. Poverty is the challenge of our time.

As you will read, young people make a huge contribution to Progressio's mission of people powered development. Also, young people often benefit most from our work as they can be among the poorest and most marginalised in their communities.

Acting with boldness and in solidarity, young people are reducing the stigma of HIV, making their voices heard in local, national and international decision making processes, and working to protect the environment. You will be inspired by them.

On behalf of the Progressio family around the world, I thank you for your support.

A handwritten signature in black ink, appearing to read 'R. Sarumi', written in a cursive style.

How change happens



We listen to what poor and marginalised people, especially women, tell us needs to change



Development workers share skills, expertise and knowledge to help people gain power over their lives



Young adults volunteer overseas, sharing their enthusiasm and innovation with local communities



Young local volunteers work alongside those from the UK, supporting communities to act



Working with international decision-makers, the needs of those with least power and least wealth are prioritised



By amplifying the voices of poor and marginalised communities, those in power are urged to respond



All this supports people to gain control of their lives and overcome the barriers that keep them poor



Development workers share skills,
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Changing policies affecting young people



“Our partner, the National Association of Non-Governmental Organisations (NANGO), wanted to get the ideas, beliefs and desperations of ordinary Zimbabweans into national policy areas affecting young people.

“We sat down with people living outside the cities to ask what they wanted to happen. Then we talked to councillors and mayors. Finally, we talked to people from Zimbabwe living abroad. Actually, we listened rather than talking.

“Our papers influenced the revised National Youth Policy, a key policy affecting young people in Zimbabwe. Cabinet ministers used our policy papers in their debates and helped the President make an informed decision not to re-introduce the controversial National Youth Service training programme which, some claim, forced our young people into harm’s way as part of aggressive youth militias.

“The revised National Youth Policy will help young people actively participate in issues affecting their lives. Our recommendations mean more young people will receive relevant education, get employed and move into leadership positions. This means young people will step away from drugs, prostitution and crime.”

“The policy has given ordinary people a voice and empowers them to use it.”

Chris Mweembe
was a development
worker in Zimbabwe.



Chris Mweembe has been working with our partner organisation, NANGO, to make sure the hopes, dreams and needs of ordinary Zimbabweans are reflected in national policy.



Young adults volunteer overseas,
sharing their enthusiasm and
energy with local communities

Singing out against HIV and its stigma



“Young people in Malawi simply didn’t want to be associated with the stigma of HIV. Something needed to change, but that seemed like an impossible task.

“Some 12 per cent of Malawi’s population lives with HIV. Life expectancy is only 48 years. Though beautiful, it’s not a great place to live if you want to get old.

“With our partner, The Coalition of Women Living with HIV and AIDS (COWLHA), we staged a talent show and ran HIV testing on the night. I’m hoping to go to drama school myself, so this seemed like the perfect plan.

“It was a huge hit. There were more than 30 live acts, including dancers, singers and poets. The young people loved it and want to hold similar events themselves.

“Best of all, 51 young people got tested for HIV during the show. 90 per cent of them were younger than 25! With HIV, knowing your status is the first step towards living a full life and getting the support you need.

“Before, young people didn’t want to say anything about HIV. They got into relationships, kept quiet and the virus spread. Now, that’s starting to change. The talent show really did have an impact.”

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Robbie Browning
is a 20 year old
UK volunteer
from Oxfordshire
who worked in
Nkhotakota with our
partner, COWLHA,
to combat stigma
against HIV.



Two young people from Malawi perform in a talent show raising awareness about HIV.



Young local volunteers work alongside those from the UK, supporting communities to act

Young women tackling gender inequality



"It all started when my team was invited to take part in a women's football tournament in Belén, Honduras. We did very well and won the competition!

"Meeting the team of young British volunteers was really inspiring. Soon, I was volunteering to teach football skills with the Progressio ICS team. The impact went much further than kicking a ball around. We talked about issues such as gender equality and self-esteem in a safe environment with other young women.

"Through volunteering, I learned to have the courage to act. No matter how difficult someone's problems are, we can find a solution."

"Through volunteering, I learned to have the courage to act. No matter how difficult someone's problems are, we can always find a solution.

"We worked with more than 40 young women in four communities. I was so grateful when they told me how much they enjoyed football training.

"Trusting in our own abilities and helping others, without expecting anything in return, makes us better people. Volunteering helps us to have a different perspective in our own communities and outwardly to the wider world."

Kenia Belinda Meza is a local volunteer in Honduras giving young women in her area the opportunity to learn new skills, build their self-confidence and take control of their own lives.



Maria Tomasa Gomez scoring the winning goal in a football tournament promoting gender equality in Honduras.



Working with international decision-makers, the needs of those with least power and least wealth are prioritised

Young women putting faith into action



“As a young woman myself, I want to see women play an active and meaningful role in decision-making at all levels. It was a huge privilege to attend the United Nations Commission on the Status of Women on behalf of Progressio supporters.

“I put together a panel of speakers to discuss issues affecting women and girls which faith communities could be instrumental in changing for the better, such as inequality and violence in the home.

“A key realisation to come from the discussions was that we, as young women, should study our holy books, whichever faith we might follow. Studying theology, it was agreed, can help women to lead the way in interpreting religious teaching. It helps them stand up to their communities when they are told to marry early, forced to follow oppressive rules, or faced with female genital mutilation.

“Getting young people, especially young women, involved in decision making is so crucial. This will be high on my agenda as the global community agrees aims for development beyond the Millennium Development Goals in 2015.”

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As a Policy and Advocacy Officer for Progressio, Fatima Bintou Haase challenges preconceptions and provides powerful recommendations on women's role in governance.



Progressio supporters discuss policy work and the role of women at our Fragile States, Phenomenal Women event.



By amplifying the voices of poor and marginalised communities, those in power are urged to respond

Young people campaigning for change



“Two years ago, I went to El Salvador with Progressio. I helped people in a rural community grow organic gardens and, together, we learnt how to make fertilisers. The community had fled the violence of civil war and people were traumatised, but they still spoke to me about what happened.

“Being with people in El Salvador made me feel it would have been irresponsible not to do something. When I came home, I wrote to my local MP about foreign aid and to Nick Clegg about water scarcity. They both replied.

“Last year, I also joined the Big IF campaign event in Hyde Park. There was such a great atmosphere. Loads of people were getting involved. I even met Lynne Featherstone MP, Parliamentary Under-Secretary of State for International Development, and handed in Progressio’s petition.

“If no-one tries, nothing is going to change. So I’m going to try.”

“Our efforts paid off. We’ve seen truly life-saving pledges on nutrition and historic breakthroughs on aid. The public argument on cracking down on tax dodging has been won and land grabbing made it onto the G8 agenda.

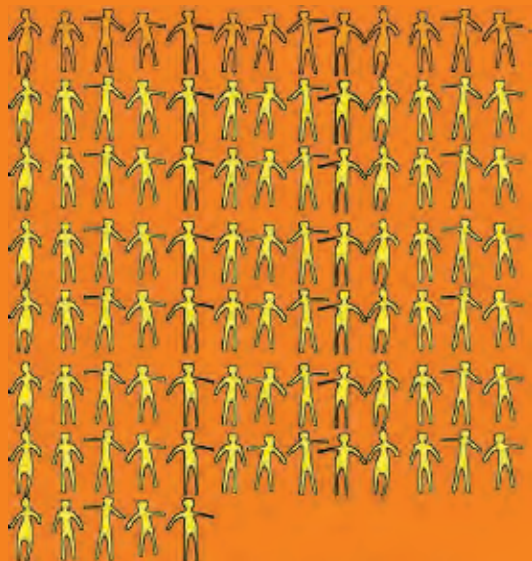
“When I went to El Salvador, I didn’t know what I wanted to do. Now, I would like to get into campaigning. If you believe that nothing can change, nothing will. If no-one tries, nothing is going to change. So I’m going to try.”

Inspired by her volunteer work with Progressio in El Salvador, **Chelsea Thompson, 22, now campaigns in the UK to see more support given to developing nations.**



Chelsea Thompson (left) and Barbara Eze (right) hand in a petition to Lynne Featherstone MP at Progressio's Water is Life exhibition at the Department for International Development.

Making change happen



96

development workers

- 13 from the Global North
- 83 from the Global South
- 31 nationalities
- 64 men
- 32 women

5,506

people took a **campaign action** or
went to an event



166,291

people visited our **website** – that's
more than 13,000 every month



459

young adult ICS volunteers

- 243 UK volunteers
- 216 national volunteers
- 284 young women
- 175 young men

15,364



people in partner organisations or communities received training

 3,124

Progressio's work on **sustainable environment** has directly benefited 3,124 people who have been trained in sustainable farming, resource management and how to generate more income for themselves and their families.

 5,012

Progressio's work building **participation and effective governance** has directly benefited 5,012 people. This includes those within partner organisations who have been supported or received specialised training, and people from communities who participated in training workshops.

And **many millions of people** have indirectly benefited from our work. That's because the people we have trained have gone on to...

- Train others to help their local communities
- Challenge unfair political systems that hold people back
- Encourage their peers to have a say in decision making
- Work with our policy team and campaigners to give people power over their own lives



7,228

Progressio's work on **HIV and AIDS** has directly benefited 7,228 people through prevention, support, awareness raising and the reduction of stigma.





Participation and effective governance

Our work builds the ability of people and organisations to participate fully in their own development and to have a greater influence on policies that affect their lives

Here are just three examples of how the effective participation Progressio enables has improved lives.

- In the Dominican Republic, the government announced education spending will double to four per cent of GDP. Until now, the country has invested just two per cent in education, one of the lowest levels in Latin America. This left 13 per cent of people under the age of 15 illiterate. The move follows two years of campaigning by 200 organisations, including Progressio's partner Centro Bono. It is hoped that illiteracy will soon be a thing of the past.
- In Zimbabwe, people around the country were given the chance to meet their leaders as seven local parishes set up advocacy and lobbying teams. In Bulawayo, this resulted in pressure being put on the local government to resolve the water shortage crisis.
- In Yemen, we stepped up our work to combat discrimination against women through a new project funded by the Foreign and Commonwealth Office. This meant that the number of districts which have 'women champions' has tripled. These women are agents of change helping marginalised women in their communities by speaking out on behalf of other local women and acting as powerful role models.



Kvaiah Mohammed Yahya Ebrahim, 32, (pink bag), and Fatima Ftenee Al-Zabede, 32, are Al-Salam district women champions, talking to a group of men in Al-Hali district, Hodeida.



By combating climate change, resource scarcity and environmental vulnerability, poor and marginalised people can provide for themselves and their families

Progressio has helped farmers and rural communities gain power over their own lives and their environments. Here are three examples of what we have achieved.

- Rural communities in Haiti have been trained in new farming techniques and are now growing more varied crops for their families, offering greater income and long term financial security. Farmers in the Haitian area of Lamine have built their own water-storage cistern that holds 100 cubic metres of rain water and gives the community increased food security.
- In Zimbabwe, 400 farmers were trained in environmental awareness and will be a part of protecting their region from climate change. Across the country, farmers are becoming enthused by the possibilities of alternative energy systems including biogas and solar panels.
- Young volunteers in El Salvador helped form a youth organisation in Santa Catarina Masahuat that gives people a say on issues of environmental vulnerability. Young people have moved from believing they have no right to speak on these issues, to consistently contributing to debates and plans. The group is now led by local young people and is sustainable thanks to the confidence that has been inspired in the youth of Santa Catarina Masahuat by young volunteers.



Mimose and Elismar Senatis are working with Haitian organisation, Solidaridad Fwontalye, and Progressio development worker Gabriel Petit-Homme to improve and adapt their farming techniques.



We are helping people living with, or affected by, HIV tackle stigma so that they can gain power over their choices, live with respect and access support

Local organisations around the world have taken incredible steps forward in giving power to those living with HIV. Here are two examples of how our work has influenced the lives of those most affected.

- HIV and AIDS are having a devastating impact on the transport industry's workforce in Zimbabwe. Rates of HIV are the third highest in Southern Africa with more than 1 million adults living with HIV. Steven Msamala works for a long-distance haulage company in Zimbabwe. His face lit up when partner organisation, Zimbabwe Aids Prevention and Support Organisation (ZAPSO), offered HIV education, AIDS testing and counselling. One man proved to be HIV+ and was supported by the company Steven works for. "Within weeks he had gained weight and the throat infection and fatigue had ceased completely," says Steven. "The sessions opened participants' eyes and changed lives."
- "Life-changing". That's how Calton Siatimba described taking part in the ICS programme in his native Zimbabwe. The 22-year-old worked on HIV awareness projects. "I learned how people, especially young people, are vulnerable to HIV and AIDS," he says. "It was inspiring to find out how much I could contribute to my community." Today, he's an ambassador to young people in his home region of Binga, and is planning to take a course in development studies.



“I need information to keep safe.” Progressio is working with truckers in Zimbabwe to provide education and combat stigma against those living with HIV.

5,727,671

Our income for 2013/14 was £5,727,671

Funding source	Percentage of total
Department for International Development	35%
Voluntary Service Overseas (VSO)	29%
United Nations office for the Coordination of Humanitarian Affairs (UCHA)	5%
The Global Fund to Fight AIDS, Tuberculosis and Malaria	4%
International Citizen Service (ICS) voluntary contributions/donations	4%
Big Lottery Fund	3%
Swedish International Development Agency (Sida)	3%
British Embassy Small Grants Scheme	2%
Comic Relief	2%
Membership, subscriptions, donations, sales, legacies and sundry receipts	2%
Others	11%

Thank you

We are extremely grateful to the many individuals who have taken part in fundraising challenges this year, as well as the agencies, trusts and other organisations whose donations make our work possible. Thank you.

Major funders include:



The following donated more than £20,000 in the year 2013/14:

Big Lottery Fund, British Embassy Small Grants Scheme (BESGS), Catholic Agency for Overseas Development (CAFOD), Christian Aid, Comic Relief, Department for International Development (DFID), European Union, Fedomu, The Global Fund to Fight AIDS, Tuberculosis and Malaria, Global Witness, Progressio Ireland, Swedish International Development Agency (Sida), Trocaire, United Nations Development Programme ART GOLD, United Nations Population Fund (UNFPA), United Nations Office for the Coordination of Humanitarian Affairs (UCHA), Voluntary Service Overseas (VSO)

The following donated more than £1,000 in the year 2013/14:

Tim Aldred, Ayuntamiento De Comendador, Roger Barralet, Winifred Buchan, Catenians Luton, Daughters of Jesus, Michael Doris, The Ford Foundation, Franciscan Friary, Fundasaun Timor Hari, Prof Mary Grey, International Republican Institute (IRI), Kulika Charitable Trust, The Maurice & Hilda Laing Charitable Trust, Mark Lister, Martin McEnery, Duncan Monk, Muslim Aid, Nagaad, Edward Pease, Penarth Progressio Support Group, Restless Development, John Ruming, Save the Children Somaliland, Sisters of St Joseph of the Apparition, Society of the Sacred Heart, Society of Jesus, UNICEF, Margaret Williams, World Bank

6,015,546

Our expenditure for 2013/14 was £6,015,546

Expenditure by activity

Programmes and policy	90%
Fundraising and publicity	7%
Communications	2%
Governance	1%

Expenditure on programmes

Africa	47%
Malawi, Somaliland, South Africa, Zambia, Zimbabwe	
Middle East	18%
Yemen	
Central America	12%
El Salvador, Honduras, Nicaragua	
Asia	8%
Timor-Leste	
Caribbean	15%
Dominican Republic, Haiti	

Expenditure by theme

Participation and effective governance	52%
HIV and AIDS	27%
Sustainable environment	21%



Progressio is the working name of the Catholic Institute for International Relations which is registered in the UK as a charity (number 294329) and a company limited by guarantee (number 2002500). We are governed by a Board of Trustees who are also directors of the company. Details of trustees and staff, and full financial statements audited by the independent auditors Appleby & Wood, are included in our 2013/14 Trustees' Report and Financial Statements which are available on request from Progressio or can be downloaded from our website www.progressio.org.uk.

The cover image was taken by Sabah Cohen and was overall Competition Winner, and Winner in the Environment category of last year's ICS photo competition. "This photo demonstrates the close bond we developed whilst working with the local community on an irrigation project," Sabah says. A selection of graphics was provided by Isobel Foulsham.

Be a champion of change

Poor and marginalised people around the world deserve to have power over their own lives. Donating to Progressio means we can keep working with local organisations to help people break free from oppression, challenge damaging preconceptions and gain control over their own future. **Thank you for supporting people powered development.**

↘ £10 could pay for an HIV awareness workshop in Zimbabwe

↘ £25 would help a local woman in the Dominican Republic set up a small family garden and an eco-kitchen

↘ £50 could train a Yemeni 'woman champion' to be the voice of women in the community

↘ **Please return this form to Progressio at the address below, or to give immediately, go to progressio.org.uk/give**

PROGRESSIO

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Broomgrove Road, London SW9 9TL
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I enclose a cheque made payable to Progressio or please debit my

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£10 £25 £50 £ Other

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Name:

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I would like to hear more about how my donations are making a difference

Email address:

I would be interested in becoming a member of Progressio

I would be interested in leaving a legacy to Progressio

Make your gift worth even more. If you are a UK tax payer, every £1 you give could be worth an extra 25p, at no extra cost to you. All you need to do is tick this box:

I would like Progressio to reclaim the tax on any donations that I have made in the last four years and any that I make in future.

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We like to keep our supporters informed about the difference their donations are making. We will not pass on your details to any other organisation. If at any time you wish to stop receiving information from us, please let us know.

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